

# **Speed riding**

Speed riding is a new way to enjoy freeride in 3 D. With a small wing (14 m<sup>2</sup> to 8 m<sup>2</sup>) you will play with the terrain, alternating skiing and gliding.

100% adrenalin sport: fun & accessible to learn but demanding.

We propose day courses from one to six pilots on Le Tour & Vallorcine ski resort; Price is depending on the number of pilots registred.

## **Pedagogic programme**

Les C

DU MONT-BLANC

Being able to prepare your equipment and go through your check list

Learning to inflate your wing, balance pendulum movements and steering whilst sliding down small slopes.

When in contact with the ground, gravity induced sliding: course control, exploration of the different glide angles (first sensations of flight) and the following of a straight trajectory with an objectif of dyanamic take-off.

Depending on the wind: aero-towed skiing (wind-kite technique): learning to inflate and take-down the wing with no spinnaker effect, learning to place the wing within the wind window.

The instructor will be pleased to adapt to your current experience and level. If you are a paraglider, skydiver, kitesurfer or freerider, access to the different runs in le Tour can be done within 2 to 4 days at the Posette and Aiguillette school slope. Even Chrismas Father is a speedrider !









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# Level required & physical conditions

- You have to be a good skier (level "class 3 adult", certified by a ski school or a ski instructor is demanded after the two first discovery days if you want to continue your progression).

- No flying experience is required. But if you do have paragliding, free fall, kite experiences, your progression might be quicker. Our teachers will adapt their teaching to your knowledges.

- It is accessible to all, from 16 years-old (with compulsory parental authorisation for minors).

<u>- A medical certificate</u> which stipulates that you can speed-ride is required for delivery of the licence & insurance (except if you only do 2 unique discovering days with the "journée contact"insurance).

- Flying is a voluntary act outside of everyday life. Your progress in this activity will depend on your motivation and engagement. You are the only pilot on board!

- You are conscious that you will be on an off-piste area and that you are responsible for your own actions.

Rates price per person per day (+/- 4h30 on ski)

→ 1 pilot:  $365 \in$ → 2 pilots:  $195 \in$ → 3 pilots:  $160 \in$ → 4 to 6 pilots:  $140 \in$ 

## Dates

As soon as the ski lifts open till their closing: *Le Tour Vallorcine, Posette Aiguillette* and *Plan des Reines* area. Booking is necessary 48 h in advance.

In case of bad weather, or insufficient snow the reserved days are rescheduled or refunded.

## The price includes

• An instructor with a paragliding DEJEPS state diploma and FFVL's speed riding qualification

• Flying equipment (speed riding wings, speed riding harness with airbag, free fly helmet, radio with earphones).

You have the responsibility of the material provided. Our flying gear are in very good shape, we will ask you to take care of it. In case of voluntary damage, you will have to pay for the repairs.

#### The prices do not include

- Ski equipment.
- <u>Licence & insurance</u> (obligatory see general conditions for more info)
- <u>Ski pass</u> : price information: <u>www.compagniedumontblanc.fr</u>
- Food and drink during the day

# Personal equipment

Ski Equipment (free ride / off pist), without ski poles or with telescopic poles (3 segments to be short enough), ski back protection adviced, goggles (sunglasses are not enough), gloves (no mittens! You can have a second light pair of gloves), Ski or paragliding helmet if you have one (if not tell us!)

You can have a rescue avalanche system but we will stay on secured areas in convention with FFVL & CMB authorisation's.

Take a pique nique in a strong plastic bag (your harness is also a back pack to put it in)

We practice speed riding at "Le Tour" resort, so the meeting will be at Le Tour or Vallorcine.

Meeting

Will be confirmed the day before depending on meteo sheddule: Vallorcine lift, <u>l'arrêt Bougnette</u> restaurant (access from Chamonix, depending on the road shape +/- 25 mn or by <u>train</u>) or Le Tour lift, <u>le Passon</u> Restaurant (<u>Chamonix bus ligne 2</u>).

#### **REGISTRATION FORM**

First name :	Date of birth :
Family name :	Phone :
Sex :	Email :
Nationality :	Job :
Weight & hight (for the adaptation of the equipment) :	kg Cm

Address :

Do you have a FFVL third party liability insurance valid for speed riding for the present year : NO / YES If not, you have 2 options :

- take a third part liability insurance for 2 days at 7.5 €, on site, obligatory, not included

- or take a <u>licence online, for 9 days or for the year</u> before the beginning of the course. For which you need a <u>medical</u> <u>certificate</u>. If you do not understand French, please give us a call.

Insurances options (not obligatory but fermely adviced) individual accident (<u>options FFVL</u>) or repatriation : <u>e-gloo</u> <u>assistance</u> :  $3,20 \notin /j$  to buy with your ski pass.

Person to contact in case of accident: Name

How did you hear about our school? (Internet, magazines, friends...)?

# Do you have any experience in the following sports:

Activity	Level of experience :	Number of hours practiced :	Pilot licence :
Speed riding			
Paragliding			
Free fall			
Snow Kite			
Kite surf			
Skiing		Minimum level: « class 3 Adult ».	

#### To group the pilots who wishfor it, thank you for being willing to give us your wishes available days

Course chosen	Price per	I'm OK to choose this formula (YES / NO)
	pax	
Private lesson	365€	
Shared private lesson (2 pax)	195€	
Shared private lesson (3 pax)	160€	
Collectiv lesson (from 4 pax)	140€	

Which dates are you available for the course?

Please send a deposit of  $140 \notin$  to the paragliding school of « Les Ailes du Mont Blanc ». Check payable to "les Ailes du Mont Blanc" or by holiday voucher ANCV, or on-line by credit card or by bank transfer.

I have read & understood the general conditions, prices and cancellation conditions.

the	Signature :

Authorisation for the teenagers between 16 and 18 year old

Tel

## **General information & Cancellation conditions**

Before the beginning of the course you must send:

□ Your registration form well filled and signed with parental authorisation minors of minimum 16 year's old.

□ A deposit of 140 € to the school « Les Ailes du Mont Blanc » which confirm your registration.

## For courses of over 2 discovering days and progression courses.

□ An attestation of <u>"level 3 class adult" of skiing</u>, delivered by a ski instructor or a ski school if you do more than two days of beginners course.

 $\Box$  The copy of your Air Civil liability <u>FFVL</u> covering you for Speed riding: <u>licence insurance FFVL</u> If you do not possess it, plan of meadow to complete the on-line form on www.ffvl.fr (code school 03940) for which you need **a** <u>medical certificate of aptitude</u> to practice paragliding & speed riding

Exceptionally, nationals of the European Community and third countries may produce a certificate signed by a doctor registered with the council of his country, on condition that the applicant provide certification of registration of the doctor consulted. The school is required to verify the document. The member retains the medical certificate. Plan an on-line payment by credit card or send a check to the order of the FFVL date as postmark.

We remind you that on the ski slopes of a ski resort, the rescue services are charged, and that it is advised to contract an insurance allowing a coverage in the event of an accident arisen during the practice of the activity. You can sign it during the purchase of the ski pass. The Company du Mont Blanc offers: <u>E - gloo assistance repatriation:</u>  $+/-3,20 \in a$  day.

**Payment**: by cash, or <u>on-line by bank card</u>. You can also pay by check payable to the school "Les Ailes du Mont Blanc" or by holiday voucher ANCV.

# **Cancellation Conditions:**

Any booked day will be invoiced if you don't show up (except for exceptional medical reasons).

Our structure keeps the right to modify or to cancel a course in case of not reaching the minimum number of registered students or in case of bad weather conditions.

If you cancel your booking less than one week before, your deposit will not be refound

#### **Research for quality:**

 $\Box$  Label FFVL « French school of Free Flying » N° 03940: this label is delivered by the French federation of free flying (FFVL). The school is declared as sportive establishment to the youth and sport ministry N° ET 001273 which guaranty the quality of the teaching.

 $\Box$  The qualification of the instructors, with the state diploma BEES with FFVL's speed riding qualification or BPJEPS or DEJEPS as second instructor if needed. All instructors and guides are covered by RC professional insurance.

□ **Small groups** for more personalised teaching.

# Information about the legal requirements of teaching and practice Speedriding:

The decree of law of the sport minstery stipulates:

Can teach speed riding only paragliding instructors (BEES 1 er degree and BPJEPS or DEJEPS) who also have, either a ski diploma, or mountain guide diploma.

Today, only the FFVL recognizes and works on the organization of the activity; it is able to supply an RCA insurance to pilots and instructors. The student pilots however have to supply a level certificate of ski Classe 3 adult if they do more than two beginner days.

Thanks to respect the sites rules