

# **High Mountain flights**

Possible for autonomous pilots, or in tandem.

You need to be autonomous at the landing as the teacher will organise the alpinism access and the take off, no teacher at landing.

The high mountain flights which are accessible by ski lifts

These flights will require you to be roped-up and to have high mountain equipment (harness and crampons depending on the conditions), even if the access is relatively fast.

**L'Aiguille du Midi :** Two possibilities of take-off at 3 700 m of altitude, at the foot of the Aiguille du Midi ridge, depending on the wind north or south or towards Italian side from Helbronner (with south wind, landing in Courmayeur). You must be equipped with crampons and you will be roped-up to go down the ridge, very ethereal according to its state, (beginning of the Midi-Plan route) until the take-off (approximately 20 min of walk-in). In the winter, the ridge is equipped with ropes, so it's a little easier.

#### **Dates:**

These flights are heavily dependent on the weather report, so we can rarely schedule in advance. We group together the pilots on reservations only, when the weather report announces a possible window. We then confirm the meeting, according to your availability and according to the last weather forecast, the day before the planned flight. The same is true if you have a private instructor. Winter is often a very convenient period for these flights. Send us the registration form with your availabilities.

**NB**: In July and August, the flights from the Aiguille du Midi and Mont Blanc are not possible due to ministerial decree.

## Rates is depending on the number of pilots registered : price per day/ pilot

For the Aiguille du Midi or the Helbronner solo flights : 1 pilot:  $400 \notin / 2$  pilots:  $225 \notin / 3$  pilots:  $200 \notin /$  from 4 pilots  $175 \notin$ 

#### - High Montain flights in tandem:

L'Aiguille du Midi	350 €
Mont-Blanc du Tacul	640€
Mont-Blanc	1530€

## **Price includes:**

The services of an instructor BEES, BPJEPS or DEJEPS, with a diploma of Mountain Guide. Flying equipment if you do not have it. It is preferable on these flights to have your own climbing equipment and to know how to use it.

## Price does not include:

<u>The lift-tickets.</u> <u>FFVL license insurance</u> (Aerial Civil Responsability compulsory). <u>Climbing equipment</u> (harness, mountain shoes & crampons). If you do not possess this equipment, please contact us, rental can be arranged.

## **Required level:**

End of cycle 2, minimum blue level of your free-flying passport.

<u>Experience level</u>: according to the flights and to the conditions, from the initial level of your free-flying passport. You have to have a good control of the various take off techniques (alpine technique if no wind as well as revers take off in strong wind).

A very good sportive & physical condition and good psychological capacities are necessary.

You have to, on certain flights, have the capacity to land in valley wind conditions, which can be quite strong.

Flying is a voluntary act outside of everyday life. Your progress in this activity will depend on your motivation and engagement. You are the only pilot on board!

Medical certificate for paragliding, if you are not already insured.

**<u>Please note:</u>** If you are not one of our trainees and if we have never met, we need to check your level of experience. The best is to see you on a practice slope or on a low mountain flight beforehand.

# **Paralpinisme: Mont-Blanc**

# Two day program**Private instructor-high mountain guide**

You are an autonomous pilot and wish to have a supervised ascent and assistance for this high mountain take off. Demanding because it is necessary to ally a pilot's qualities to those of a climber, (supervision for one or two autonomous pilots or an autonomous pilot and a tandem passenger). A guide can take two climbers maximum with him.

You are not a pilot but wish to experience a tandem flight from the highest summit in Europe.

The ascent of Mont-Blanc (4810 m), the highest summit of Europe, can be undertaken by any person in good physical condition. However it must not be trivialized, because due to the altitude and changing weather situations, it can quickly become difficult.

The choice of the route will be taken by the guide according to the conditions of the ascent. Two possibilities:

**Normal road**: (could be 2 pax one or two pilots or one pilot and one passager to fly tandem with the guide) <u>1st Day</u>: Bellevue (1850 m) by the cable-car taken in Les Houches. Ascent to the Nid d'Aigle (2372 m) by the Tramway of Mont-Blanc. Refuge Tête Rousse (3167 m): 2 to 2 ½ hours walk-in, Refuge Aiguille du Goûter (3819 m) 2 to 3 hours walk-in.

<u>2nd Day</u>: From the refuge to the Dôme du Goûter (4304 m): 2 ½ hours walk-in. From the Dôme du Goûter to the Refuge Vallot (4362 m): 1 hour. Continuation by the Arête des Bosses: 1 ½ to 2 hours walk-in, up to the summit.

Crossed by Les Trois Monts: (only one pax pilot or one tandem passager)

<u>1st Day</u>: Up to the Aiguille du Midi (3842 m) by the cable-car, a short walk-in with crampons gets you to reach the Refuge Cosmiques (3613 m), in approximately 1 hour.

<u>2nd Day</u>: Epaule du Mont Blanc du Tacul (4100 m), then Epaule du Mont-Maudit (4280 m), Col de La Brenva, and summit of Mont Blanc (4807 m): 6 to 8 hours walk.

Walk-down in case of bad flying conditions: According to the snow coverage conditions and the state of the glaciers, by the Refuge Vallot / Col du Dôme / Refuge Aiguille du Goûter, or by Les Trois Mont-Blanc. In the management of your tiredness, you always have to consider to walk down if the flight is not possible in optimal safety conditions. Try to keep some energy in reserve!

## Dates

Objective Mont Blanc: in June, September and October, on inquiry and according to the meteorological and ascent conditions.

The flights in July and August are forbidden by ministerial decree.

## Rates

1 530 € for 1 person **Price includes:** The services of a paragliding instructor / high mountain guide. **Price does not include:** <u>The cable-car, half board at the refuge</u> for the customer and the guide, Food, <u>License insurance (RCA compulsory)</u> & the insurance for the practice of the high mountaineering (CAF or FFME recommended),

Flying equipment and personal <u>climbing equipment</u> (harness, high-mountain shoes, crampons, ice axe, frontal lamp, helmet, etc.).

If you do not have some of the equipment, contact us, <u>rental can be arranged</u>. If you want lighter flying equipment, contact us, rental can be arranged. It is advised to dress with successive "layers", this allows you to adapt to the temperature of the moment.

<u>Warm clothes</u>: waterproof pants, technical jacket (with hood), polar fur and mountaineering underwear, (boxer shorts and T-shirt), hat, gloves or mittens of very good quality, warm socks, gaiters. Glacier sun-glasses and goggles. Flask, frontal lamp, sunscreen.

Very good mountaineering shoes, of the correct size, adapted crampons, ice axe, harness, helmet. The guide will advise you according to the conditions of moment.

Easy & light flying equipment: (School-glider recommended, mountain-type if possible) in a good rucksack. Light harness. You must have tried and know how to use your equipment if it is not your usual equipment.

The high mountain flights require a choice of compromise between the weight of the bag and the choice of the type of the equipment. This is so you can safely climb yet still have enough energy left to fly, or to walk-down. Your bag should not exceed 10 kg.

# **<u>Refuge</u>** & food:

We will book the refuge, half board (supper, overnight stay, breakfast). Blankets are supplied by the guardian. Please plan for the food of the day (energy food, dried fruits, sugar, water etc....).

# **Required level:**

The ascent requires good stamina, height acclimatisation and training in the basic techniques of security and progress on icy ground.

You should have some mountaineering experience and do a minimum of a specific day of preparation for Mont-Blanc.

# For the autonomous pilots:

Cycle 2, level "pilot's licence". Autonomy in landing (no instructor in the landing field; capacity to land in the middle of the afternoon, in valley-wind conditions which can be strong). You have to have an excellent experience of take-off (facing the glider & alpine technique) in any type of conditions (capacity to take off in no wind, or strong wind), excellent physical condition and good psychological capacities are recommended if you wish to improve in this very impressive environment.

Flying is a voluntary act outside of everyday life. Your progress in this activity will depend on your motivation and engagement. You are the only pilot on board!

In every case, we will need to check your level of experience before attempting this flight.

## For the tandem passengers:

The practice of high mountain flights requires an excellent physical condition.

Your ability to be able to run during the take-off is very important for the success of the flight.

# Other paralpinism possibilities:

Mont Blanc du Tacul : (640 €, 1 day from Chamonix) Dômes de Miage : (1250 €, 2 days from les Contamines Montjoie) Mont Rose : (1530 €, 2 days from Chamonix, transfer to Cervigna or Zermatt) Grand Paradis...

And more : Aiguille Verte, Grandes Jorasses ... for expert alpinists !!

Ask us for more information, the price will depend on the ascent conditions and difficulty of the moment.